



Highlights for Breast Cancer Survivorship

- Patients receive a personalized survivorship care plan detailing their cancer treatment, along with recommendations for ongoing monitoring.
- Evaluation for long-term effects of treatment
- Education about ways to prevent new medical problems and stay as healthy as possible
- Screening recommendations for other cancers (such as colon and cervical cancer), according to national guidelines
- A focus on healthy lifestyle habits
- Referrals to specialists, resources, and services as needed
- Collaboration with the patient's primary care provider and treatment team



For More Information or to Schedule an Appointment:

Clinic: 205-801-0080

Scheduling: 205-801-9034

**The Kirklin Clinic of UAB Hospital
2000 6th Avenue South
Birmingham, AL 35233**

Convenient parking is located in the deck adjacent to the clinic at 2100 6th Avenue South. The deck is connected to the second floor of The Kirklin Clinic of UAB Hospital by a weatherproof skybridge. The fee for parking increases according to time spent in the deck. Valet parking is also available.



Learn more online at
onealcanceruab.org/nextsteps

O'NEAL COMPREHENSIVE
CANCER CENTER

UAB MEDICINE.

The University of Alabama at Birmingham

NEXT STEPS CLINIC

Personalized Survivorship Care
for Breast Cancer Survivors



PATIENT INFORMATION

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Next Steps Clinic for Breast Cancer Survivors

After completing treatment, many breast cancer survivors have questions about how cancer may affect their lives going forward. The UAB Medicine Next Steps Clinic will answer those questions by helping survivors navigate the complex issues they may face after treatment has ended. Survivors have unique needs and concerns while they find their “new normal,” and the Next Steps Clinic stands ready to assist with these life changes.

The Next Steps Clinic provides personalized care for breast cancer survivors who were diagnosed at least a year ago and are not actively receiving treatment (other than hormone therapy).

Survivorship care is provided by a nurse practitioner with expertise in breast cancer care and survivorship issues. Yearly follow-ups in this clinic give patients an opportunity to discuss their cancer treatment, its impact on their health, and ways to stay as healthy as possible.

The goal of the clinic is to improve the lives of breast cancer survivors and either prevent problems or catch them early, when they are more easily treated.





A typical Next Steps Clinic visit includes:

- Review of medical history and symptoms
- Physical exam
- Health education
- Review of survivorship care plan
- Follow-up tests (such as blood work and bone density scans), as indicated based on treatment received
- Referrals to specialists, resources, or services based on individual needs
- Visit summary sent to primary health care provider at patient's request