

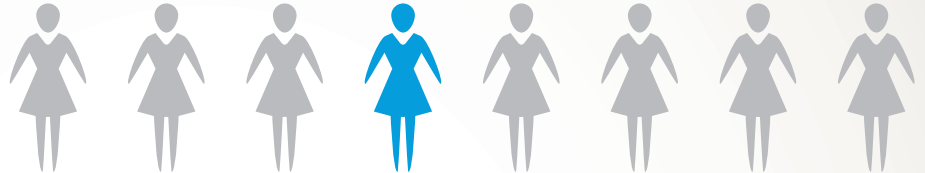
BREAST CANCER AWARENESS FACTS

4,000 NEW CASES IN ALABAMA EACH YEAR.

FIRST ACCREDITED
NAPBC BREAST CENTER
IN ALABAMA

NAPBC[®]

NATIONAL ACCREDITATION PROGRAM FOR BREAST CENTERS
ACCREDITED BREAST CENTER



1 IN 8 WOMEN in the United States are diagnosed with breast cancer in their lifetime.

2.9

BREAST CANCER



is the *second leading* cause of **CANCER DEATH IN WOMEN**, exceeded only by lung cancer.

MILLION BREAST CANCER SURVIVORS live in the United States.

EARLY SCREENING
AND DETECTION
DECREASES MORTALITY
RATES AND LEADS TO
A GREAT RANGE OF
TREATMENT OPTIONS.



UAB MEDICINE

UAB COMPREHENSIVE CANCER CENTER

Knowledge that will change your world

Breast Cancer Risk Factors

FAMILY HISTORY AND GENETICS

- Relatives with breast cancer or ovarian cancer at a young age
- Changes in BRCA1 or BRCA2 genes related to breast cancer

LIFESTYLE

- Sedentary lifestyle & inactivity
- Being overweight after menopause
- Smoking
- Drinking more than 2 drinks per day

MENSTRUATION

- Starting your period before age 12
- Starting menopause after age 55

MOTHERHOOD

- Having children after age 35 or never having children
- Not breastfeeding your babies

HORMONES

- Some types of hormone replacement therapy (HRT) increase your risk for breast cancer. Ask your doctor if HRT is necessary.

OTHER RISK FACTORS

- Getting older
- Radiation treatment to the chest area
- Breast cancer or certain other breast problems in the past