

Community Dissemination Institute 2026

From Roots to Renaissance: Building Knowledge. Sharing Strength. Inspiring Hope.

August 23-25 at Ross Bridge Resort & Spa, Birmingham, Alabama

Agenda at a Glance

Sunday, August 23, 2026 | Theme: Music

Time	Session
5:30 PM – 6:00 PM	Welcome
6:00 PM – 6:30 PM	Voices in Harmony
6:00 PM – 6:20 PM	Invocation
6:20 PM – 7:00 PM	From Roots to Renaissance: The Evolution of COE at UAB
7:00 PM – 8:00 PM	Art in Motion (Dancing)
8:00 PM	CHA Store Pre-Order Forms Due

Monday, August 24, 2026 | Theme: Art

Time	Session
7:30 AM – 8:00 AM	Morning Glory
7:30 AM – 8:00 AM	Morning Energizer
8:00 AM – 9:00 AM	Breakfast
8:45 AM – 9:00 AM	Welcome
9:00 AM – 9:40 AM	Nourish to Flourish: Connections Between Food, Movement, and Health
9:40 AM – 10:20 AM	The Art of Rest: Reclaiming Sleep for Mind and Body
10:20 AM – 11:00 AM	Mini-Review
11:00 AM – 11:10 AM	Break
11:10 AM – 11:50 AM	Research Program Breakouts <ul style="list-style-type: none">• Cancer Biology and Immunology• Cancer Control and Population Science• Experimental Therapeutics• NeuroOncology
12:00 PM – 12:40 PM	Research Program Breakouts
12:50 PM – 2:20 PM	Lunch

Time	Session
2:30 PM – 3:10 PM	Themed Breakout Sessions <ul style="list-style-type: none"> • Cooking Demonstration • Nothing to Hide: A Conversation on Colorectal Health • Roots of Care & Seeds of Prevention for Women’s Health • The Art of Living On: Cancer Survivorship in Full Color
3:20 PM – 4:00 PM	Themed Breakout Sessions
4:00 PM – 5:30 PM	Poster Session
4:00 PM – 5:30 PM	CHA Store Pickup
5:00 PM – 6:00 PM	Light Refreshments / Complimentary Coffee

Tuesday, August 25, 2026 | Theme: Prose

Time	Session
7:30 AM – 8:00 AM	Morning Glory
7:30 AM – 8:00 AM	Morning Energizer
8:00 AM – 9:00 AM	Breakfast
9:00 AM – 9:40 AM	The Architecture of Alliance: Designing Coalitions for Community Impact
9:40 AM – 10:40 AM	The Unspoken Truth: Talking About Men’s Health
10:40 AM – 11:20 AM	Action Learning for Whole Person Engagement
11:30 AM – 12:00 PM	Voices at the Table: Speaking Up and Out
12:00 PM – 12:30 PM	Kahoot
12:30 PM – 1:00 PM	Wrap-Up & Evaluation